



## St Gildas' Catholic Junior School

### PE and Sports Premium 2018-19 Planned Use

<b>Academic Year</b>	<b>2018-19</b>	<b>Total Fund Allocated</b>	<b>£</b>
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<b>Primary PE and Sports Premium Key Outcome</b>	<b>Planned impact for pupils</b>	<b>Planned Funding</b>	<b>Actual Funding</b>	<b>Impact</b>
Support sports tournaments and competitions for pupils throughout the school	<p>Increased participation and success in sports activities</p> <p>Development of pupils' healthy lifestyle choices</p> <p>Team building opportunities</p> <p>Skills and competition experience gained from teams attending sports competitions.</p> <p>Self-esteem improvements for children who excel in sports but find academic work more challenging.</p> <p>Enrichment opportunity for G&amp;T children to compete outside of school</p>	£2000		
Coaching and training	<p>High quality coaches employed to teach alongside teachers, providing specialist coaching sessions throughout the school</p> <p>Access to a wider range of sporting opportunities</p> <p>Improved understanding of the rules of different sports</p> <p>Opportunities to develop new skills</p> <p>Cricket and Athletics coaching to train children for Sports day and improve skills in cricket. Continue with cricket coaching following children's feedback in the pupil voice survey.</p>	£4000		

	<p>Lunchtime year 6 football training and team with 'London Football Academy', to give children the opportunity to be part of a team and improve their teamwork and football skills.</p>			
<p>A-Life workshops</p>	<p>Encourages children to choose an active lifestyle and helps them to realise that being active and choosing to participate in exercise can be a lot of fun.</p> <p><u>Following last year's success, re-book:</u></p> <p><u>Healthy workshops (years 3-5)</u>  <u>Planned impact:</u></p> <ul style="list-style-type: none"> <li>• Learning new facts</li> <li>• Self-esteem</li> <li>• Understanding how their bodies work</li> <li>• Working in a team</li> <li>• Leadership</li> <li>• Listening</li> <li>• Following instructions</li> </ul> <p><u>Drug and alcohol awareness workshops (years 5&amp;6)</u>  <u>Planned impact:</u>  <u>Increased understanding of:</u></p> <ul style="list-style-type: none"> <li>• Short term consequences of drinking</li> <li>• Long term consequences of drinking</li> <li>• Peer pressure</li> <li>• The effects of smoking</li> </ul> <p><u>Staff Training:</u></p> <p>CPD opportunity for all staff to learn new fitness and game ideas for P.E lessons.  Staff wellbeing opportunity.</p>	<p>£500</p>		

The Daily Mile	<p>Continue to do and refresh excitement for 'The Daily Mile'</p> <p>The aim of the Daily Mile is to improve the physical, emotional and social health and wellbeing of our children, regardless of age or personal circumstances. Helps to reduce childhood inactivity and obesity It's social, non-competitive and fun. It's fully inclusive; every child, whatever their circumstances, age or ability, succeeds. The Daily Mile builds self-esteem and confidence, improving children's perception of exercise for life. The Daily Mile is critical to reducing childhood inactivity and obesity.</p> <ul style="list-style-type: none"> <li>• Participate in Sport Relief's Daily Mile initiatives in March.</li> <li>• Set children's P.B's, to be improved on by the summer term – to refresh excitement and enthusiasm for the daily mile and for self-esteem boosts.</li> </ul>	£500		
Workshops	<p>Potential workshops:</p> <ul style="list-style-type: none"> <li>• Dance workshops</li> <li>• Circus skills</li> <li>• Skipping</li> </ul> <p>To improve children's confidence and skills in performance and this area of the P.E curriculum.</p>			
Playground equipment	<p>Encourage participation in playtime games Positive playground experiences for all pupils Improved behaviour Helps children to be more social. This means that children will be more willing to join in games and activities, while they will also be more likely to talk to different children and make new friends. This all</p>	£1000		

	<p>encourages children to learn social skills and how to interact with other children.</p> <p>They learn how to take turns playing games and how to negotiate unfamiliar equipment, resulting in children learning how to be independent and self-reliant.</p>			
Sports day at New River Stadium	<p>Opportunity to raise the profile and status of sport, by having the annual sports day in a professional stadium.</p> <p>All children to improve their Athletics skills and have experience competing in a stadium and to an audience.</p> <p>Cheerleading squad having the opportunity to perform to a large crowd.</p>	£520		
Haringey CPD Programme	<p>To upskill the profession and improve teacher's confidence, knowledge and understanding in delivering outstanding P.E lessons.</p>			

The actual impact of these interventions will be monitored throughout the year and outcomes will be available on our website at the end of this academic year